

# OTTER TRAIL GUIDE

## TIDES FEB 2026

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0549	1934	0352	1609	0954	2212
2	0550	1933	0431	1647	1033	2245
3	0551	1932	0508	1722	1108	2316
4	0552	1931	0542	1753	1140	2344
5	0553	1930	0613	1822	1211	----
6	0554	1930	0642	1849	0011	1239
7	0555	1929	0709	1916	0037	1308
8	0556	1928	0738	1945	0105	1341
9	0557	1927	0812	2024	0136	1421
10	0558	1926	0902	2139	0219	1523
11	0559	1925	1046	----	0345	1850
12	0600	1925	0112	1312	0659	1954
13	0600	1924	0205	1407	0755	2031
14	0601	1923	0241	1446	0832	2101
15	0602	1922	0313	1520	0905	2129
16	0603	1921	0344	1552	0937	2157
17	0604	1920	0415	1624	1009	2225
18	0605	1919	0446	1655	1041	2253
19	0606	1918	0518	1727	1114	2321
20	0607	1916	0550	1759	1147	2351
21	0608	1915	0623	1832	1222	----
22	0609	1914	0658	1908	0022	1259
23	0610	1913	0738	1948	0058	1342
24	0611	1912	0828	2044	0140	1435
25	0611	1911	0946	2257	0243	1605
26	0612	1910	1218	----	0602	1905
27	0613	1909	0121	1340	0735	2004
28	0614	1907	0216	1433	0825	2045

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

